



SUGAR MOUNTAIN

Summer Trail Map

Biking/Hiking Trails

- Expert Bike Trail
- Advanced Bike Trail
- Intermediate Bike Trail
- Easy Bike Trail
- Intermediate Hiking Trail
- Easy Hiking Trail
- Summit Express - OPEN
- Chair Lifts - CLOSED DURING SUMMER

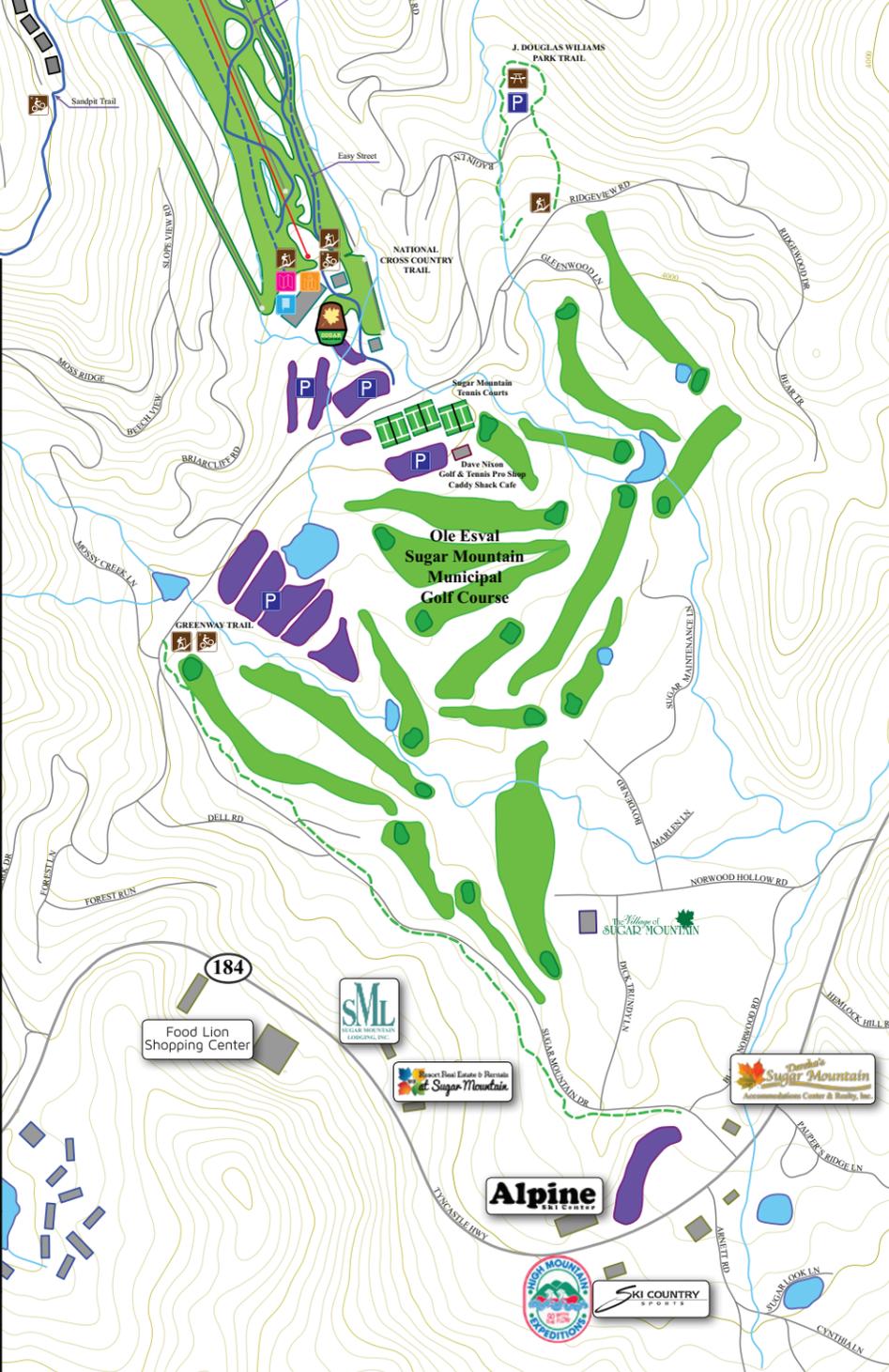
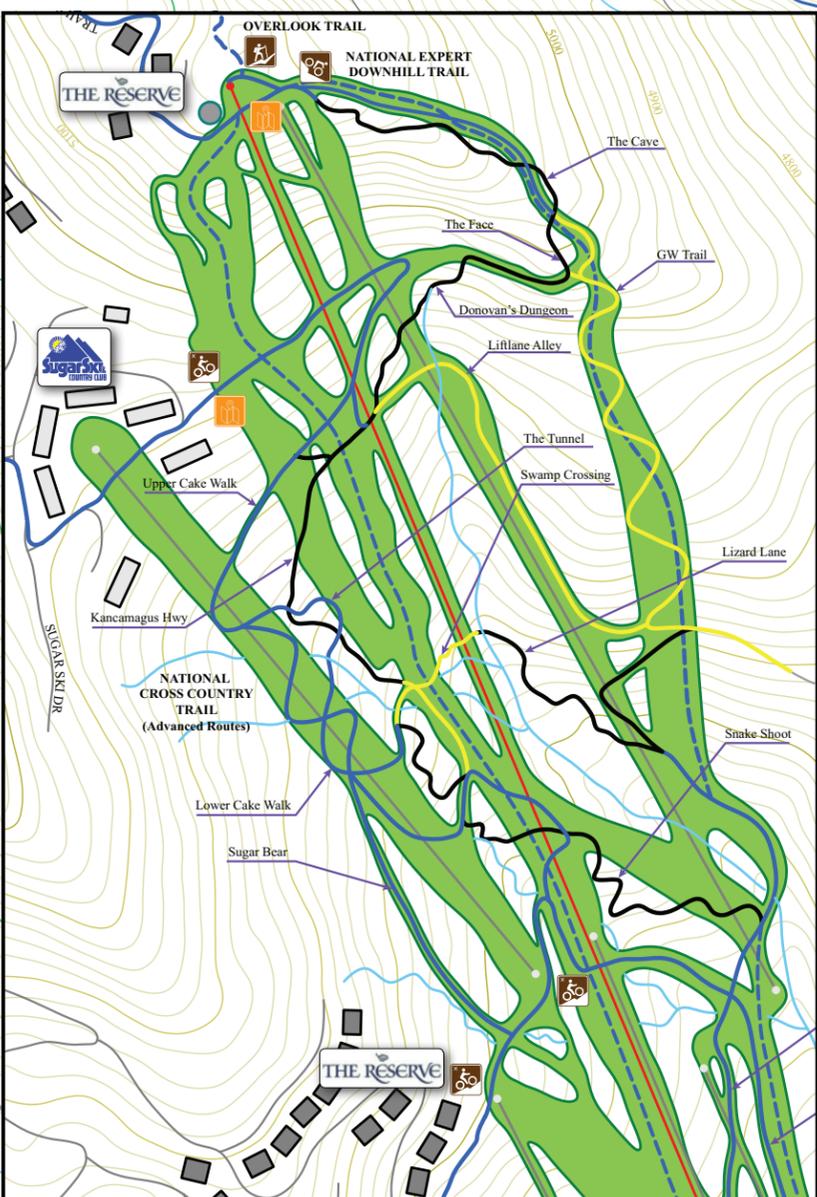
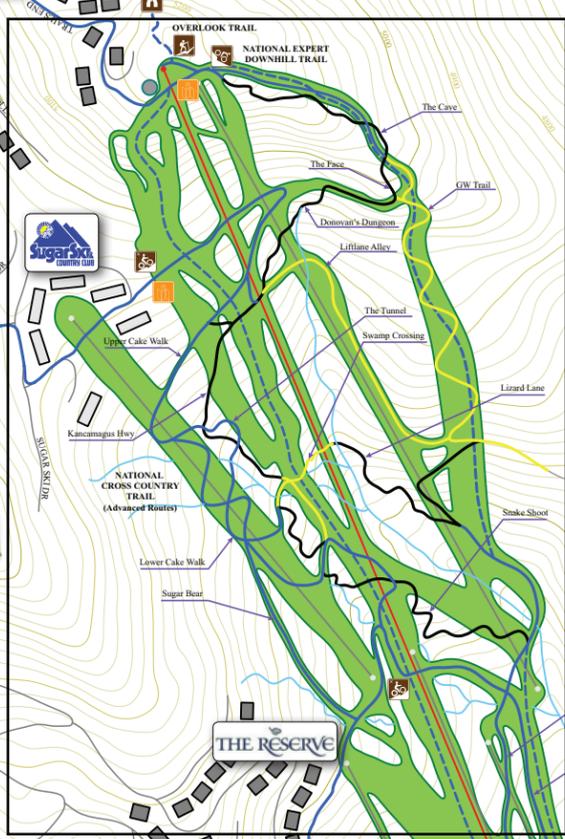
- Hiking Trailhead
- Downhill Trailhead
- Cross Country Trailhead
- Bike Wash
- J. Douglas Williams Park
- Complimentary Trail Maps
- Locator Maps
- Overlook
- Parking

- Roads
- Hydrology

- ### Contours
- Intervals
- 500ft
 - 100ft
 - 20ft

* Helmets are required by Village Ordinance.
** All routes subject to change.

(1 inch = 800 feet)



Sugar Mountain Hiking and Biking Trails



Sugar Mountain Resort, Inc.
1009 Sugar Mountain Drive
Sugar Mountain, NC 28604
(828) 898-4521
www.skisugar.com



The Village of SUGAR MOUNTAIN



www.seesugar.com



Sugar Mountain Hiking and Biking Trails

Welcome to summer at Sugar Mountain where you'll find cool breezes, fresh mountain air, and adventure! Sugar Mountain has something to offer every visitor; whether it's biking or hiking the trails located within the village; taking a scenic chairlift ride; playing golf or tennis; or experiencing a whitewater rafting or caving trip.



Biking and hiking trails intertwine throughout the Village of Sugar Mountain. Trail usage is free May through October during the daylight hours and can be accessed at numerous points within the Village. Trail maps are located in a marked mailbox at the base of the Flying Mile slope or may be downloaded by viewing Sugar Mountain's website at www.skisugar.com. Trails are constantly being maintained. However, keep in mind, weather and other variables can change the condition of any trail.

Scenic chairlift rides are available every weekend (weather

Please respect nature, be responsible, safe and smart. Helmets are required by Village ordinance when riding a bike within the Village of Sugar Mountain limits.

permitting) beginning the 4th of July weekend and ending Labor Day weekend. The approximate 10-15 minute roundtrip lift ride will take you to Sugar Mountain's 5,300 ft summit. The views along the way are spectacular and unforgettable.

Experience other outdoor adventures offered within the Village of Sugar

Mountain; Golf, tennis, rafting, and caving are available. Check map for locations: the Ole Esval Sugar Mountain Municipal Golf Course (golf and tennis) and High Mountain Expeditions (rafting and caving).

Photos by bushphoto.com

Trail Information

Overlook Trail – 0.1 miles (Easy, green blaze)
Hiking trail that crosses summit to overlook. Be mindful of large boulders, windy conditions, and no guardrails at overlook.

Greenway Trail – 0.6 miles (Easy, green blaze)
Bike/Hike along Sugar Mountain Drive. Gravel path that weaves through the woods and along golf course fairways. Be mindful of traffic when trail crosses the road at Sugar Mountain Drive.

J. Douglas Williams Park Trail – 0.4 miles (Easy, green blaze)
Hike in a mixed hardwood forest within the 14.285 acre park. The trail consists of a dirt path that loops around picnic pavilion and restrooms.

National Expert Downhill Trail – 1.2 miles (Expert, black blaze)
Bike/Hike a single track downhill trail; which consists of tight technical riding. You can experience multiple jump opportunities, creek crossings and a vertical climb/drop of 1,200 ft. Trail starts at summit and finishes at the base of Easy Street. Follow trail signs through Donovan's Dungeon, Lizards Lane and the Detour to experience the same downhill adventure as a NORBA National downhill racer.

National Cross Country Trail – 6.0 miles (Intermediate, blue blaze)
0.6 miles (Advanced, yellow blaze) 0.6 miles (Expert, black blaze)
Cross-country Trail has many options depending on biker/hiker ability. Trail starts at the base of easy street following ski slopes to the top of Big Birch where biker/hiker will find the start of the Sandpit Trail (single track, dirt and gravel) continue to follow trail through the Water Trail (double track, gravel) and on to Rough Ridge Road (double track, paved, gravel). Continue on designated route via Main Street Loop to the top of the mountain. Biker/hiker will experience an elevation gain of approximately 720 ft. Cross over Oma's Meadow to continue across to Switchback. At the top of Sugar Slalom biker/hiker will see signs for Kanngamangus Hwy (Expert) or may continue back across Oma's Meadow for intermediate route. Look for alternative advanced trails, which are marked where trail enters foliage. Or continue on intermediate trail weaving through Oma's Meadow to the bottom of the Flying Mile slope.

- All Hikers must be mindful of fast moving Bikers on trails. All Bikers must be mindful of slow moving Hikers on trails.
- All Bikers within the Village of Sugar Mountain are required to wear helmets by Village ordinance.
- All routes are subject to change.

Available Accommodations on Sugar Mountain

Sugar Mountain Accommodations Center & Realty, Inc. (Dereka's)
106 Sugar Mountain Drive
Entrance to Sugar Mountain
Sugar Mountain, NC 28604
(828) 898-9475
www.staysugar.com

Sugar Mountain Resort Accommodations
3390 Tynecastle Hwy. (Hwy 184)
Sugar Mountain, NC 28604
(800) 634-1320 or (828) 898-9784
www.sugarmountain.com

Sugar Ski & Country Club
100 Sugar Ski Drive
Sugar Mountain, NC 28604
(800) 634-1320 or (828) 898-9784
www.sugarmountain.com

Sugar Mountain Lodging, Inc.
3440-C Tynecastle Hwy. (Hwy 184)
Sugar Mountain, NC 28604
(828) 898-7800
www.sugarmountainlodging.com

Highlands at Sugar
1317 Sugar Mountain Drive
Sugar Mountain, NC 28604
(828) 898-5891
www.highlandsatsugar.com