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# Sugar Mountain

Summer Trail Map



Sugar Mountain Resort, Inc. 1009 Sugar Mountain Drive Sugar Mountain, NC 28604 (828) 898-4521 www.skisugar.com



#### **Available Accommodations on Sugar Mountain**

#### Sugar Mountain Accommodations Center & Realty, Inc. (Dereka's)

I 06 Sugar Mountain Drive Entrance to Sugar Mountain Sugar Mountain, NC 28604 (828) 898-9475 www.staysugar.com

# Resort Real Estate & Rentals at Sugar Mountain

3390 Tynecastle Hwy. (Hwy 184) Sugar Mountain, NC 28604 (828) 898-9746 www.staysugarmountain.com

## Sugar Mountain Lodging, Inc.

3440-C Tynecastle Hwy. (Hwy 184) Sugar Mountain, NC 28604 (828) 898-7800 www.sugarmountainlodging.com

### Sugar Ski & Country Club

100 Sugar Ski Drive Sugar Mountain, NC 28604 (800) 634-1320 or (828) 898-9784 www.sugarmountain.com

#### Highlands at Sugar

2173 Sugar Mountain Drive Sugar Mountain, NC 28604 (828) 898-9601 www.highlandsatsugar.com

# **MOUNTAIN BIKE CHECKLIST**

Mountain Bike trails are rough and demanding on both the bike and body. Before riding always inspect your equipment or have it checked by a qualified bike mechanic.

- 1. Ensure your helmet is in good shape and properly adjusted.
- Inspect bike frame, fork and other components for cracked, damaged or dented areas.
- 3. Check that your brake pads are in good condition and are not worn.
- Front and rear axles (skewers) should be tight.
- Headset and stem must be secure with no looseness of play.
- Check that your tires are in good condition, with no tears or cuts in the sidewall.
- 7. Handle bar and handle grips
  must be tight and unable to spin
- 8. Seat and seat post must be fastened securely

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## MOUNTAIN BIKER'S REPONSIBILITY CODE

Mountain biking involves the risk of serious injury or death. Your knowledge, decisions and actions contribute to your safety and that of others.

#### ALWAYS:

- STAY IN CONTROL. You are responsible for avoiding objects and people.
- 2. KNOW YOUR LIMITS. Ride within your ability. Start small and work your way up.
- PROTECT YOURSELF. Use an appropriate bike, helmet, and protective equipment.
- INSPECT AND MAINTAIN YOUR EQUIPMENT. Know your components and their operation prior to riding.
- 5. BE LIFT SMART. Know how to load, ride and unload safely. Ask
- INSPECT THE TRAILS AND FEATURES. Conditions change constantly; plan and adjust your riding accordingly.
- OBEY SIGNS AND WARNINGS. Stay on marked trails only.
   Keep off closed trails and features. Ride in the direction indicated.
- **8. BE VISIBLE.** Do not stop where you obstruct a trail, feature, landing, or are not visible.
- LOOK OUT FOR OTHERS. Look both ways and yield when entering or crossing a road or trail. When overtaking, use caution and yield to those ahead
- **10.COOPERATE.** If involved in or witness to an incident, identify yourself to staff.

Know and Follow the Code. It is Your Responsibility.

3/2017

# Bike Park & Summit Express Lift Schedule & Rates

June 30-September 3, 2018

Friday: 11 a.m. until 7 p.m. Saturday and Sunday: 10 a.m. until 6 p.m. Labor Day Monday: 10 a.m. until 6 p.m.

#### June 30 – July 8 / 4th of July week

Saturday through Tuesday and Thursday through Sunday: 10 a.m. until 6 p.m. Wednesday, July 4: 10 a.m. until 10 p.m. (no mountain bikes after 7 p.m.)

October 13 & 14 / Oktoberfest

Saturday and Sunday: 10 a.m. until 5 p.m.

October 20 & 21 / Woolly Worm Festival Saturday and Sunday: 10 a.m. until 5 p.m.

\$15 for a one-time ride (all ages) (Upgrades from a one-time ride ticket to an all-day ticket are available by paying the difference)

\$30 junior (11 and under) all-day ticket \$40 adult (12 and older) all-day ticket kids 4 and under ride free with a paying adult

\$12 per person for groups of 15 or more for one-time ride tickets. Reservations are required. Please call 800-SUGAR MT or 828-898-4521 x 202 Monday through Friday between 8 a.m. and 4 p.m. or email groupsales@skisugar.com.

Valid trail access/lift ticket required at all times to enter the trail system.

Visit seesugar.com for details about golf, tennis, rafting, caving, gem mining and other outdoor activities.