

# SKI-LL Level

## Rate Yourself

Please use this Skill evaluation to match your skills and record your level on the entry form on the other side.

### SKI-LL 7

You ski in a comfortable open-stance parallel on all blue and less challenging groomed black terrain. You're developing edge control and can vary your turn shape. You can link turns in easier bumps but have difficulty in moderate to larger bumps and in heavy/wet snow. You're working on improving your turn technique and body position.



### SKI-LL 8

You ski the "fall-line" in balance on all groomed runs. You're developing advanced carving and edging techniques and can vary turn shape at a variety of speeds. You ski moderate bumps and light powder in control.



### SKI-LL 9-10

You are proficient in all kinds of skiing at dynamic speeds. You ski bumps, powder and heavy snow conditions with relative ease. You d'man!

## CAMP INCLUDES

- Three-day lift ticket
- Coaching fees
- Video analysis
- All day intensive instruction
- One-on-one instruction
- Gate training
- Evening gathering and dinner
- Equipment Tuning Clinic

## WHO SHOULD COME

Intermediate, advanced or expert skiers, 12 yrs. or older, interested in improving his/her abilities. - Must be level 7 or above. *(No beginners please.)*

## WHY YOU SHOULD COME

Sugar Mountain Resort has a diverse & well-qualified teaching and coaching staff. We are excited and look forward to helping you improve your skiing ability.

## ACCOMMODATIONS

### **Sugar Mtn. Resort Accomodations**

1-800-438-4555 • [www.staysugarmountain.com](http://www.staysugarmountain.com)  
15% discount

### **Sugar Ski & Country Club**

1-800-634-1320 • [www.sugarmountain.com](http://www.sugarmountain.com)  
15% discount

### **Best Western Mountain Lodge**

1-877-877-4553 • [www.bestwesternbannerelk.com](http://www.bestwesternbannerelk.com)  
\$109 per room, including breakfast



Sugar Mountain Resort  
2021 Preseason Ski Clinic  
P.O. Box 369  
Banner Elk, NC 28604

# SUGAR MOUNTAIN RESORT

## Preseason Ski Clinic

December 10-12, 2021



## SKI BETTER



**Sugar Mountain Resort**

[www.skisugar.com](http://www.skisugar.com)

[www.skisugar.com/skibetter](http://www.skisugar.com/skibetter)

# Sugar Mountain Resort Preseason Ski Clinic

## 2021 • ENTRY FORM

In consideration of the acceptance of my application in the Sugar Mountain Resort Preseason Ski Clinic held at Sugar Mountain Resort, Inc., I hereby waive, release and discharge any and all claims for damages including, personal injury, death, or property damage which I may incur, or which may hereafter accrue to me as a result of my participation in Sugar Mountain Resort's Preseason Ski Clinic. This release is to discharge in advance Sugar Mountain Resort, Inc., its agents and employees from and against any and all liability out of or connected in any way with my participation in Sugar Mountain Resort's Preseason Ski Clinic. I also agree to wear goggles during all training and racing sessions and cooperate with the Sugar Mountain coaching staff.

I further understand that serious accidents occasionally occur while skiing and that skiers occasionally sustain mortal and serious personal injuries, and/or property damage as a consequence thereof. Knowing the risks of ski racing and training, nevertheless, I hereby agree to assume those risks and to release and hold harmless the persons or entities mentioned above.

I hereby grant Sugar Mountain Resort, Inc. the right to take and utilize photographs of me participating in this activity for the purpose of promotion and advertising.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Signature of Parent or Guardian  
(if participant is a minor)

Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Club / Affiliation: \_\_\_\_\_

Name (print): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

SKI-LL Level (No beginners, see front): \_\_\_\_\_

\$180 (3 days) season pass holders

\$255 (3 days) non-season pass holders

\$68 (daily) season pass holders *(excludes dinner)*  
Which Day? \_\_\_\_\_

\$93 (daily) non-season pass holders *(excludes dinner)*  
Which Day? \_\_\_\_\_

Check if you plan to have dinner

\$20/person - dinner guest

T-Shirt Size:  
\_\_\_\_\_

Payment Method:

Cash  Check  Visa  Mastercard  VCode

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Email application to [events@skisugar.com](mailto:events@skisugar.com) or  
Fax application to: 828-898-6820

**Please make checks payable to:**

Sugar Mountain Resort, Inc.  
Preseason Ski Clinic

P.O. Box 369 • Banner Elk, NC 28604  
You will receive a confirmation.

Date Paid: \_\_\_\_\_ Rcvd By: \_\_\_\_\_

PLEASE RETURN THIS PORTION TO SUGAR MOUNTAIN RESORT

## SCHEDULE

Tentative Daily Schedule *(subject to change)*

### Friday, December 10, 2021

8:30 - 9:00 Camp orientation in base lodge - 3rd Floor.  
9:00 - 10:00 Freeski, warm-up, Giant Slalom skis.  
10:00 - 11:30 GS technique drills.  
11:30 - 12:30 Lunch (on your own).  
12:30 - 1:00 Freeski, warm-up, GS.  
1:00 - 2:00 GS race course drills, (video).  
2:00 - 4:00 GS full-length course, (video).  
4:00 - 5:00 Video analysis

### Saturday, December 11, 2021

8:30 Meet on 3rd floor  
9:00 - 10:00 Group freeski, GS instruction, pick-up from yesterday.  
10:00 - 12:00 GS full-length course, (video).  
12:00 - 1:00 Lunch (on your own).  
1:00 - 1:30 Slalom freeski, warm-up.  
1:30 - 4:00 SL freeski drills and drill courses, (video).  
4:00 - 5:00 Video analysis  
6:30 Group dinner  
*(Guests may accompany clinic participants for dinner - \$20/person)*

### Sunday, December 12, 2021

8:30 Meet on 3rd floor  
9:00 - 9:30 SL freeski, warm-up.  
9:30 - 12:00 Full-length SL course training.  
12:00 - 1:00 Lunch (on your own).  
1:00 - 3:00 Nastar race / Crescent qualifying, inspection, 2 race runs.  
----DEPARTURE----

## OTHER EVENTS @ SUGAR

**December 10 - 12, 2021**  
SugarFest  
[www.skisugar.com/sugarfest](http://www.skisugar.com/sugarfest)

**December 11, 2021**  
Big Birch Quad Lift ribbon cutting

**December 31, 2021**  
New Year's Celebration

**January 8 & 9; February 26 & 27, 2022**  
Crescent Ski Council Competition

**March 13, 2022**  
Richard T. Trundy Memorial Sugar Cup Competition

**July 4, 2022**  
Summit Crawl - [www.skisugar.com/crawl](http://www.skisugar.com/crawl)

View the full event calendar at:  
[www.skisugar.com/events](http://www.skisugar.com/events)

### PLEASE NOTE

**Helmets required when gate training.**



**(828) 898-4521**  
or  
[events@skisugar.com](mailto:events@skisugar.com)